



# Yarrow

## *Achillea millefolium*

Yarrow is an easy to grow garden plant. It can be used in fresh or dried arrangements and has a pleasing fragrance. Yarrow was formerly used for medicinal purposes: to break a fever by increasing perspiration, to treat hemorrhaging and as a poultice for rashes. A tea used by Native Americans to cure stomach disorders was made by steeping the leaves.



**Bloom Season:** Late Spring - Mid Fall

**Flower Colors:** Pink, White

**Soil Tolerance:** Average, Clay, Sandy, Dry

**Height:** 1-3 feet      **Spread:** 1 foot

**PERENNIAL**

