



Yarrow

Achillea millefolium

Yarrow is an easy to grow garden plant. It can be used in fresh or dried arrangements and has a pleasing fragrance. Yarrow was formerly used for medicinal purposes: to break a fever by increasing perspiration, to treat hemorrhaging and as a poultice for rashes. A tea used by Native Americans to cure stomach disorders was made by steeping the leaves.



Bloom Season: Late Spring - Mid Fall

Flower Colors: Pink, White

Soil Tolerance: Average, Clay, Sandy, Dry

Height: 1-3 feet **Spread:** 1 foot

PERENNIAL

