



# White Vervain

## *Verbena urticifolia*

White Vervain is an upright perennial wildflower. It grows naturally along woodland edges, meadows, fields, and disturbed habitats. The inconspicuous white flowers rest on long inflorescence branches. The plant acts as a nectar source for bees, wasps, butterflies, and flies. Also, the seeds are also consumed by songbirds.



**Bloom Season:** Early Summer - Mid Fall  
**Flower Colors:** White  
**Soil Tolerance:** Average, Moist, Poorly drained  
**Height:** 3-5 feet **Spread:** 1-2 feet

**PERENNIAL**

